

Compline in



Ringstone in Aveland Group

Compline for Lent

The Word of God

Psalmody

Preparation

The Lord almighty grant us a quiet night and a perfect end.

Amen.

Our help is in the name of the Lord
who made heaven and earth.

A period of silence for reflection on the past day may follow.

The following or other suitable words of penitence may be used

**Most merciful God,
we confess to you,
before the whole company of heaven
and one another,
that we have sinned in thought,
word and deed
and in what we have failed to do.
Forgive us our sins,
heal us by your Spirit
and raise us to new life in Christ. Amen.**

O God, make speed to save us.

O Lord, make haste to help us.

The following or another suitable hymn may be sung

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.

One or more of the following psalms may be used.

Psalm 139.1-18

¹ O LORD, you have searched me and known me.

² You know when I sit down and when I rise up;

you discern my thoughts from far away.

³ You search out my path and my lying down, and are acquainted with all my ways.

⁴ Even before a word is on my tongue, O LORD, you know it completely.

⁵ You hem me in, behind and before, and lay your hand upon me.

⁶ Such knowledge is too wonderful for me; it is so high that I cannot attain it.

⁷ Where can I go from your spirit?

Or where can I flee from your presence?

⁸ If I ascend to heaven, you are there; if I make my bed in Sheol, you are there.

⁹ If I take the wings of the morning and settle at the farthest limits of the sea,

¹⁰ even there your hand shall lead me, and your right hand shall hold me fast.

¹¹ If I say, 'Surely the darkness shall cover me, and the light around me become night',

¹² even the darkness is not dark to you; the night is as bright as the day, for darkness is as light to you.

¹³ For it was you who formed my inward parts;

you knit me together in my mother's womb.

¹⁴ I praise you, for I am fearfully and wonderfully made.

Wonderful are your works; that I know very well.

¹⁵ My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.

¹⁶ Your eyes beheld my unformed substance.

In your book were written all the days that were formed for me, when none of them as yet existed.

¹⁷ How weighty to me are your thoughts,
O God!

How vast is the sum of them!

¹⁸ I try to count them—they are more than
the sand;

I come to the end—I am still with you.

Psalm 91

1 Whoever dwells in the shelter of the Most
High

and abides under the shadow of the
Almighty,

2 Shall say to the Lord, 'My refuge and my
stronghold,
my God, in whom I put my trust.'

3 For he shall deliver you from the snare of
the fowler
and from the deadly pestilence.

4 He shall cover you with his wings

and you shall be safe under his feathers;
his faithfulness shall be your shield and
buckler.

5 You shall not be afraid of any terror by
night,
nor of the arrow that flies by day;

6 Of the pestilence that stalks in darkness,
nor of the sickness that destroys at noonday.

7 Though a thousand fall at your side
and ten thousand at your right hand,
yet it shall not come near you.

8 Your eyes have only to behold
to see the reward of the wicked.

9 Because you have made the Lord your
refuge

and the Most High your stronghold,

10 There shall no evil happen to you,
neither shall any plague come near your tent.

11 For he shall give his angels charge over
you,

to keep you in all your ways.

12 They shall bear you in their hands,
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder;
the young lion and the serpent you shall
trample underfoot.

14 Because they have set their love upon
me,

therefore will I deliver them;

I will lift them up, because they know my
name.

15 They will call upon me and I will answer
them;

I am with them in trouble,

I will deliver them and bring them to honour.

16 With long life will I satisfy them
and show them my salvation.

Psalm 134

1 Come, bless the Lord, all you servants of
the Lord,

you that by night stand in the house of the
Lord.

2 Lift up your hands towards the sanctuary
and bless the Lord.

3 The Lord who made heaven and earth
give you blessing out of Zion.

*At the end of the psalmody, the following is
said or sung*

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Scripture Reading

*One of the following short lessons or another
suitable passage is read*

Is not this the fast that I choose: to loose the
bonds of injustice, to undo the thongs of the
yoke, to let the oppressed go free, and to
break every yoke? Is it not to share your
bread with the hungry, and bring the
homeless poor into your house; when you
see the naked, to cover them, and not to hide
yourself from your own kin?

Isaiah 58. 6,7

(or)

Be sober, be vigilant, because your adversary
the devil is prowling round like a roaring lion,
seeking for someone to devour. Resist him,
strong in the faith.

1 Peter 5.8, 9

(or)

The servants of the Lamb shall see the face of
God, whose name will be on their foreheads.

There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever.

Revelation 22.4, 5

The following responsory may be said

Into your hands, O Lord, I commend my spirit.

Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth.

I commend my spirit.

Glory to the Father and to the Son
and to the Holy Spirit.

Into your hands, O Lord, I commend my spirit.

Gospel Canticle

The Nunc dimittis (The Song of Simeon) is said or sung

**Christ died for us,
so that, whether we wake or sleep,
we might live with him.**

1 Now, Lord, you let your servant go in peace:

your word has been fulfilled.

2 My own eyes have seen the salvation
which you have prepared in the sight of every
people;

3 A light to reveal you to the nations
and the glory of your people Israel.

Luke 2.29-32

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**Christ died for us,
so that, whether we wake or sleep,
we might live with him.**

Prayers

Intercessions and thanksgivings may be offered here.

The Collect

Silence may be kept.

Almighty God,
may we, by the prayer and discipline of Lent,
enter into the mystery of Christ's sufferings;
that by following in the Way,
we may come to share in the glory;
through Jesus Christ our Lord.

Amen.

The Lord's Prayer may be said.

**Our Father in heaven
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power, and the glory
are yours now and for ever. Amen.**

The Conclusion

In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
**for the night is at hand and the day is now
past.**

As the night watch looks for the morning,
so do we look for you, O Christ.

Blessing

May God bless us,
that in us may be found love and humility,
obedience and thanksgiving,
discipline, gentleness and peace.
Amen.